

Boys & Girls Club Summer Breakfast & Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JUN

MENU 2023

GEAR UP FOR PUSH-UP CHALLENGE



ANNOUNCEMENTS:

1% White Milk & FF
Chocolate Milk offered
with each meal.

Water offered at no
charge at each meal.

Meals subject to change
based on availability.

5TH Cheeseburger
Fresh Sandwich Trimmings,
Refried Beans, Tater Tots
Strawberry Cup
Fresh Apple

SNACK

Cheez It Crackers
Berry Breeze Juice

6TH Pepperoni Pizza
Green Beans
Marinara Sauce
Pear Cup
Fresh Orange

SNACK

Vanilla Snack Crackers
Apple Juice

7TH Popcorn Chicken Smackers
w/Roll
Fresh Cucumber Slices
Mashed Potatoes
Strawberry Cup, Fresh Watermelon

SNACK

Bug Bites Cinnamon Grahams
Berry Breeze Juice

1ST

Summer Break

2ND

8TH Black Forest Ham & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Sandwich Trimmings, Applesauce
Fresh Strawberries

SNACK

Cocoa Puffs Cereal
Apple Juice

9TH Grilled Cheese Sandwich
Paradise Punch Juice
Sweet Potato Fries
Peach Cup
Fresh Orange

SNACK

Vanilla Graham Chatsnax
Berry Breeze Juice

12TH Tangerine Chicken
w/ Fried Rice & Egg Roll
Fresh Cucumber Slices
Green Beans
Fresh Apple
Strawberry Cup

SNACK

Chocolate Elf Graham Cookies
Apple Juice

13TH Chicken Bites w/ Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

SNACK

Goldfish Cheddar Crackers
Berry Breeze Juice

14TH Crispy Chicken Burger
w/Cheese
Fresh Sandwich Trimmings
Seasoned Curly Fries
Pear Cup
Fresh Watermelon

SNACK

Pretzel Goldfish
Apple Juice

15TH Turkey & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Paradise Punch Juice
Pear Cup
Fresh Orange

SNACK

Strawberry Nutri Grain Bar
Berry Breeze Juice

16TH Hamburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Raspberry Applesauce
Fresh Strawberries

SNACK

Vanilla Snack Crackers
Apple Juice

19TH
**JUNETEENTH
HOLIDAY**

20TH Mini Corn Dogs
Green Beans
Frozen Curly Fries
Pear Cup
Fresh Orange

SNACK

Vanilla Snack Cracker
Apple Juice

21ST Chicken Tenders w/ Roll
Fresh Cucumber Slices
Mashed Potatoes
Strawberry Applesauce
Fresh Watermelon

SNACK

Bug Bites Cinnamon Grahams
Berry Breeze Juice

22ND Black Forest Ham
& Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Fresh Sandwich Trimmings
Applesauce
Fresh Strawberries

SNACK

Cocoa Puffs Cereal
Apple Juice

23RD Grilled Cheese
Paradise Punch Juice
Sweet Potato Fries
Diced Peaches
Fresh Orange

SNACK

Vanilla Graham Chatsnax
Berry Breeze Juice

26TH General Tso's Chicken
w/Fried Rice & Egg Roll
Fresh Cucumber Slices
Green Beans
Strawberry Cup, Fresh Apple

SNACK

Chocolate Elf Graham Cookies
Apple Juice

27TH Chicken Bites w/Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

SNACK

Goldfish Cheddar Crackers
Berry Breeze Juice

28TH Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curly Fries
Strawberry Cup
Fresh Watermelon

SNACK

Pretzel Goldfish
Apple Juice

29TH Turkey & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Paradise Punch Juice
Raspberry Applesauce
Fresh Orange

SNACK

Strawberry Nutri Grain Bar
Berry Breeze Juice

30TH Bacon Cheeseburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Pear Cup
Fresh Strawberries

SNACK

Vanilla Snack Crackers
Apple Juice



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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